



Should You Receive Communion?

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Leader's Notes

I. What is Communion?

- Seek information about Communion from the final authority, God's Word.
- Jesus and His disciples shared a last supper to celebrate "Passover."
- Passover was a memorial of the Israelites' deliverance from Egyptian slavery.

II. Jesus and Communion.

- Jesus talked about the coming hours when He, the perfect Lamb of God would be beaten, crucified and buried.
- Jesus said the bread represented His body.
 - Mark 14:22, *"As they were eating, Jesus took some bread and blessed it. Then he broke it in pieces and gave it to the disciples, saying, "Take it, for this is my body." (NLT).*
- Jesus said the cup represented His coming sacrifice for the sins of the world.
 - Luke 22:20, *"This cup is the new covenant between God and his people—an agreement confirmed with my blood, which is poured out as a sacrifice for you" (NLT).*
- Jesus is the final, perfect Passover Lamb, willing to die in man's place.
- Jesus said His body would be broken for us.
 - Isaiah 53:5, *"...He was whipped so we could be healed" (NLT).*
 - That prophecy was fulfilled.
 - 1 Peter 2:24, *"...by whose stripes you were healed" (NKJV).*
- Every lash of the whip was a provision for healing.



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- Jesus' sacrifice paid our debt of sin.
- Jesus' blood was the sacrificial offering to establish a new agreement for God to receive us as His children.
- Jesus' blood caused the death angel to pass over us.
- Jesus said that we should receive Communion.
 - Luke 22:19, *"Do this to remember Me"* (NLT).

III. How to receive Communion.

- This is a holy time to remember what Jesus has done for you and to fellowship with Him.
- Any time or place; church service, family time, individual worship time.
- Anyone can officiate at the Communion.
- The Apostle Paul gave instructions.
 - 1 Corinthians 11:23-26, *"For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread and gave thanks to God for it. Then he broke it in pieces and said, 'This is my body, which is given for you. Do this to remember me.' In the same way, he took the cup of wine after supper, saying, 'This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this to remember me as often as you drink it.' For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again"* (NLT).
- Begin by saying something like: *Father God, in the Name of Jesus, we recognize that Jesus' body was broken for us, that His blood was shed on our behalf. We acknowledge that He carried sin, sickness, disease, sorrow, grief, fear, torment, unforgiveness, strife and lack for us. Through His sacrifice for us, we have complete forgiveness and cleansing before God and total deliverance from the works of Satan. And, we thank You for it all, in Jesus' Name.*



Should You Receive Communion?

- See yourself accepted by God.
- See sickness and disease as being from Satan and reject it.
- Hold the bread and read:
 - Luke 22:19, *“He took some bread and gave thanks to God for it. Then he broke it in pieces and gave it to the disciples, saying, ‘This is my body, which is given for you. Do this to remember me’”* (NLT).
- Eat the bread.
- Hold the cup and read:
 - Matthew 26:27-28, *“And he took a cup of wine and gave thanks to God for it. He gave it to them and said, ‘Each of you drink from it, for this is my blood, which confirms the covenant between God and his people. It is poured out as a sacrifice to forgive the sins of many’”* (NLT).
- Drink the cup.
- Thank God for what He has provided through Jesus Christ.
- Praise God in Jesus’ Name for the new life you enjoy!

Confession

Thank You, Father, for blessing me in every area of life because of the sacrifice of Jesus. Thank You for Your exceeding great and precious promises and the right You gave me to enjoy them. I gladly receive Communion and remember the death, burial and Resurrection of my Lord and Savior, Jesus Christ.

In the Name of Jesus Christ, Amen.